

## SETTING UP A META ACCOUNT

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### NAVIGATE TO META

- Open the Meta Quest Mobile App on your phone
  - The app can be downloaded on your phone's app store

**OR**

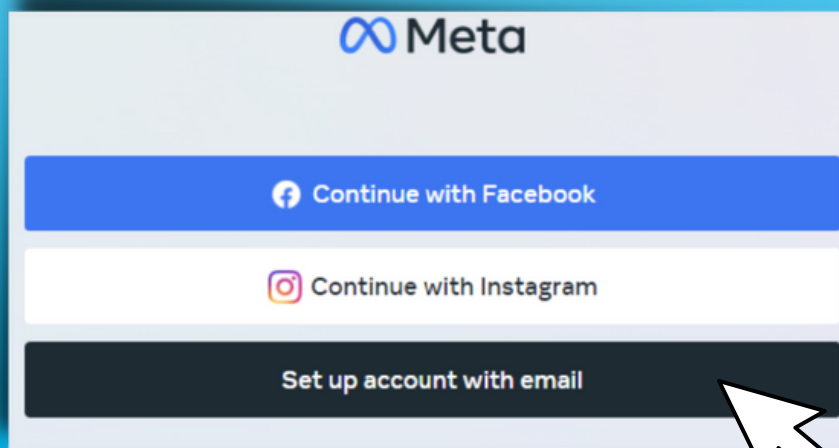
- Visit [auth.meta.com](https://auth.meta.com) on a desktop computer



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### SIGN UP WITH EMAIL

- Create one Meta account per email address
- NO Facebook or Instagram account needed



## SETTING UP A META ACCOUNT

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### PROVIDE ACCOUNT INFO

< X

**Enter your name**

This name will be used for account recovery and for communication about your account. It won't be public.

First name

Last name

Next

< X

**What's your birthday?**

Use your own date of birth, even if this account is for a business or something else. This information won't be public. [Why do I need to provide my birthday?](#)

Month ▼ Day ▼ Year ▼

Next

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### CHOOSE PASSWORD

< X

**Create a password**

Create a password with at least 8 letters and numbers. It should be something others can't guess.

Password

Next



TECHNOLOGIES

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### FINALIZE ACCOUNT

- Select email notification preference and create account

A screenshot of the 'Finish creating your Meta account' screen. The form includes fields for Name, Email, Password, and Birthday. Below these fields, there is a statement: 'Your Meta account information isn't public.' followed by a radio button and the text 'I'm interested in receiving emails about Meta Quest releases, recommendations and sales.' At the bottom, there are two buttons: 'Back' and 'Create account'. A purple arrow points to the radio button, and a white arrow points to the 'Create account' button. The screen also displays a disclaimer: 'By creating your account, you agree to the Meta Terms of Service, Supplemental Terms of Service, Meta Privacy Policy and Supplemental Privacy Policy.'